

THE SANDS END

A LA CARTE

Bread Basket served with Butter or Oil & Balsamic vinegar £3.00

Green Olives £4.80

(V)Roasted Garlic, Hummus, Toasted Pita Bread £6.50

(V)Soup of the Day with Toasted Sourdough Bread £7.00

Ham Hock Terrine with Piccalilli, Grilled Sourdough Bread £8.00

Pan Roasted Quail, Parma Ham and Orange with Spring Leaf Salad £8.50

Devilled Cornish Mackerel, Beetroot and Dill Relish £ 9.00

Seared Scallops, Minted Pea Purée, Balsamic Reduction £11.50/£21.00

(V.) Steamed Asparagus, Peas, Rocket and Goat Cheese Salad, Herb Dressing £7.50

(Vg) Harissa Roasted Carrot and Fennel, Black Lentils, Soya Yogurt £7.50

~~~~~

Grilled Chalk Stream Trout, Green Beans and Tender Stem Salad, Orange Hollandaise £18.00

Black Bream Fillet, Crushed New Potato, Carrot Ribbons, Salsa Verde £19.00

Roasted Cod, Sautéed Spinach, Roasted Beetroot Vinaigrette £22.00

(V,N) Potato Gnocchi with Broccoli and Stilton Sauce, Toasted Walnuts £8.95/£15.50

(Vg) Courgette Noodle, Peas, Mange Tout, Grilled Baby Leek, Wild Garlic Pesto £15.00

Crispy Duck Leg, Pea, Bacon and Gem lettuce, Tarragon Jus £19.00

Pancetta Wrapped Pork Tenderloin, Sautéed Asparagus, Broad Beans and Mixed Mushroom £ 21.00

Thyme Roasted Poussin, Spicy Potato Wedges, Caramelised Lemon, Aioli £22.00

Beef Fillet, Parsley Risotto, Charred Shallot £25.00

Oven Roasted Lamb Rump, Mixed Spring Vegetables, Rosemary Jus £24.00

~~~~~

28oz Cote de Boeuf to Share £65.00

8oz Flat Iron Steak £19.00

8oz Scottish Sirloin Steak £25.00

Half Corn-fed Chicken £17.50

Served with Skin-on Fries or Salad, Pepper Sauce, Garlic Butter or Béarnaise Sauce

Side Dishes

Roasted Pepper and Tomatoes, Rocket, Parmesan, Balsamic Dressing £ 5.50/£7.00 | Mixed or Green Salad £4.00 | Creamed Spinach £4.50 |

Fennel, Red and White Chicory, Orange Dressing £ 5.50 / £7.00 | Garlic Buttered Mixed Spring Vegetables £4.50 |

Sesame Toasted Broccoli | Tomato and Red Onion Salad, Basil Vinaigrette | New Potatoes £4.50 | Thick Cut Chips £4.50 |

Skin on Fries Plain or Garlic & Parsley £4.50 | Aspen Fries £4.50 | Creamed Mash £4.50

Kitchen Opening Times

Monday-Friday 11am-4pm, 6pm-10pm, Saturday 12-4pm, 6pm-10pm, Sunday 12-9pm

We cannot guarantee the absence of any traces of nuts or other allergens. Please advise a member of staff if you have any dietary requirements.

A 12.5% discretionary service charge will be added to all bills.

For parties of 10 or more enquire with your server for our private dining room

www.thesandsend.co.uk

[@sandsendpub](https://www.instagram.com/sandsendpub)

[#thesandsend](https://www.facebook.com/thesandsend)

enquiries@thesandsend.co.uk

THE SANDS END

DESSERT

Lemon Posset, Strawberry and Basil Compote, Lemon Meringue £7.00

Raspberry and Cream, Shortbread Layer £ 7.00

Black Currant Mousse Soufflé, Cassis Sorbet £7.00

Pear and Pistachio Tart, Vanilla Ice Cream £7.00

Chocolate and Salted Caramel Brownie, Sour Cherry Compote £7.00

Homemade Sorbet: Raspberry, Strawberry, Mango, Pear £1.50 Per Scoop

Ice Cream : Vanilla, Dark Chocolate, Salted Caramel £ 1.50 per Scoop

Selection of British Cheese : Charcoal Cheddar, Shropshire Blue, Devon Camembert, Rosary Ash - With Fruit, Homemade

Chutney & Savoury Biscuit. £9.00

Single Portion of Cheese £ 4.50

Kitchen Opening Times

Monday-Friday 11am-4pm, 6pm-10pm, Saturday 12-4pm, 6pm-10pm, Sunday 12-9pm

We cannot guarantee the absence of any traces of nuts or other allergens. Please advise a member of staff if you have any dietary requirements.

A 12.5% discretionary service charge will be added to all bills.

For parties of 10 or more enquire with your server for our private dining room

www.thesandsend.co.uk @sandsendpub #thesandsend enquiries@thesandsend.co.uk